

Tour for the Heart Group Waiver and Release Form

Please note that this form must be signed by all participants (&/or appropriate adult) prior to participation.

I, the undersigned, or parent or legal guardian of a minor, desiring to participate in the Tour for the Heart hereby acknowledge that the participation by myself and/or my minor child in the Tour for the Heart is permissive only and is subject to the terms of this Release. I acknowledge that the sports of Nordic Skiing and Snowshoeing are action sports carrying significant risk of personal injury. I acknowledge that on-snow and dryland training involve greater risks and dangers than recreational skiing or snowshoeing. I know that there are natural and man-made obstacles or hazards, surface and environmental conditions, and risks inherent in ski, snow and dryland activities, including ice, darkness, high wind, poor visibility, cold or freezing conditions, variations in terrain, forest growth, rocks and debris, water hazards, vehicular traffic, variations in pavement, irregularities in trail/ground surfaces, and other conditions and obstacles. The risks, alone and in combination with my actions, the actions of other athletes, or actions of my minor child, can cause very severe or possibly fatal injury. I acknowledge that I or my minor child, as participants or users in the Tour for the Heart understand, assume and accept these risks, conditions and hazards, whether known or unknown.

On behalf of myself and my child, and our heirs, successors, beneficiaries, representatives, next of kin, or assigns, I waive any and all claims, demands, liabilities and recourse against XC Oregon, Bend Memorial Clinic, The Center, Therapeutic Associates, Cross Country Ski World, Mt. Bachelor LLC, Mt Bachelor Sports Education Foundation, U.S. Forest Service (Deschutes National Forest), Sunnyside Sports, Webcyclery, GoodLife as well as all event owners, coaches, sponsors, contractors, vendors, volunteers, partners, and the agents, agencies, affiliates, members, officers, Directors, volunteers, contractors, and employees of all the above organizations (Collectively the "Released parties") arising out of or relating to wrongful death, personal injury or property damage suffered by me or my child from participation in any happening, event or activity in any way related to the Tour for the Heart and related activities. Without limiting the foregoing, it is my intention that this waiver and release extend to and include claims, damages and liabilities arising out of or resulting from the negligence of any released party.

I am signing this waiver and release form with the full knowledge that "a general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor." The provisions of this statute are hereby waived. By signing I acknowledge that I have formally waived the opportunity to negotiate different waiver and release terms in order to participate in this event.

By signing below, I am indicating my acceptance of this waiver and release, and I am representing that I or my minor child are in sufficiently good physical condition to participate in the programs and activities of the Tour for the Heart and Clinics without jeopardizing our health. Further, I am indicating that I/we have full and complete medical insurance coverage should any injury occur as a result of participation in the Tour for the Heart.

I HAVE READ THIS WAIVER CAREFULLY and COMPLETELY, AND HAVING DONE SO I AM SIGNING AND AGREEING TO ALL CONDITIONS SET FORTH VOLUNTARILY. Further I am aware that I have a right to negotiate the terms of this waiver and have voluntarily elected to sign and agree to all conditions without requiring any changes.

Print Name(s) of participant(s) _____

Signature(s) of participant(s) (*minors must sign in addition to parent/guardian*):

_____ Date _____

Additional signatures on the companion page(s).

I HAVE READ THE TOUR FOR THE HEART WAIVER CAREFULLY and COMPLETELY, AND HAVING DONE SO I AM SIGNING AND AGREEING TO ALL CONDITIONS SET FORTH VOLUNTARILY.

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